



2024 JUNG DO TAEKWON DO CLASS SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00	Tiny Dragons 3-4 years		Tiny Dragons 3-4 years		Tiny Dragons 3-4 years	Beginner (Kicks) 10:00-10:40
5:00-5:40	Beginners (POOMSAE)	Beginner (Kicks)	Beginner (Self-Defense)	Beginners (POOMSAE)	Beginner (Self-Defense)	WEAPONS
5:40-6:00		WEAPONS	SPARRING (GEAR REQUIRED) 5:40-6:40	WEAPONS	SPARRING (GEAR REQUIRED) 5:40-6:40	Inter/Advanced (Kicks) 11:00-11:40
6:00-6:40	Inter/Advanced (POOMSAE)	Inter/Advanced (Kicks)		Inter/Advanced (POOMSAE)		Private Lessons Schedule with master
6:40-7:20	ALL TKD (POOMSAE)	ALL TKD (KICKS)	All TKD (Self-Defense)	ALL TKD (POOMSAE)	All TKD (Self-Defense)	
7:20-8:00	Adult/Teen (POOMSAE)	Adult/Teen (Kicks)	Adult/Teen (Sparring)	Adult/Teen (POOMSAE)	Adult/Teen (Sparring)	

ONLY 3 CLASSES PER WEEK

School will be closed on all major holidays: other closures will be announced in class or on "Team Jung Do" Facebook
If you have questions, contact Master Cho (832)434-5425 or Master Wade (281)865-8410