

# JUNG DO TAEKWONDO COVID-19 Safety Procedures

Hello Jung Do Taekwondo Parents and Students,

We re-open our doors for in-person (as well as continuing limited online class options) on **Monday, May 18, 2020**. In order to maintain the safety of our students and their families, we are enacting several new procedures and guidelines so that we may maintain a safe and healthy environment at Jung Do Taekwondo due to COVID-19. Our priority is, as always, the health and safety of our students, their families and our Jung Do employees. Please review and sign our new COVID-19 policy. Return the signed policy to Master Cho upon beginning in-person classes. We will continue to closely monitor the situation and will provide updated policies/procedures as well as continuing to provide updated information at regular intervals.

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## Guidelines for Jung Do Taekwondo Parents/Students:

- **No more than 10 students per class** (please see the updated class schedule at [www.jungdotkd.com](http://www.jungdotkd.com)). We are following a strict schedule organized by belt/age in order to keep class size manageable. Please check the new schedule for your assigned class time(s).
- The next class **MUST** wait outside the facility doors until given permission to enter by the Master (the 20 minute gap between classes is given to allow staff to sanitize the facility areas used by the previous class).
- There will be a sign-in sheet posted at the door for every class – once the 10 spots are filled, no more students will be allowed to attend that class due to the new class limit. (check the new schedule at [www.jungdotkd.com](http://www.jungdotkd.com) for class times/belt order)
- *If you or your child are feeling sick or coughing, we ask that you refrain from attending practice.*
- **We are closing viewing for all practices until further notice.** We ask that parents wait in their car for the time being (unless you have received specific permission directly from Master Cho). Only enter the facility and speak with our admin staff if necessary (mask required).
- Students may wear masks, but they are not required. Any parents/caregivers who enter our facility must wear a mask.
- All students are required to wash their hands and/or use Hand Sanitizer before even stepping out on the mat.
- **There is a NO Handshake, NO High-Five Policy in effect**
  - **Bowing and Air-High-Fives will replace these.**
- To encourage social distancing, students must remain a minimum of 6 feet apart and we have marked the mats to reflect this updated policy.
- We have increased the number of Hand Sanitizer stations throughout the facility. This is NOT a substitute for regular Hand Washing.
- **Please do not take cleaning items, disinfectant, soaps, or sanitizers from our facility.** We understand how difficult it is to acquire these items. Please remember, these items are there for the safety of our whole Martial Arts Family.
  - We will be forced to charge your account for these items if they are removed.
- The water fountains are closed until further notice. Please bring your own water bottle labeled with your name.
- When getting water, going to the restroom or leaving class, this will be done one person at a time and at the direction of the Master. Hand sanitizer and/or hand washing must be utilized before stepping back onto the mats.
- We have suspended all sparring portions of our curriculum until further notice in order to limit student contact.
- We will continue to offer Zoom classes – limited hours (check the schedule posted at [www.jungdotkd.com](http://www.jungdotkd.com) for class times).

## Our staff will be:

- Sending students home whom we suspect are feeling unwell and ask for them not to return to practice for at least 3 days to ensure they are not infected.
- Cleaning all equipment that was touched by students between each class with our medical grade cleaner, which we already use throughout the facility.
- Wiping down all chairs, door handles, and regularly touched surfaces with our medical grade cleaner between each class and at regular intervals.
- **There is a NO Handshake, NO High-Five Policy in effect.**
  - **Bowing and Air-High-Fives will replace these.**

## Please sign and return:

With the spread of COVID-19, we are doing all that we can to follow the government mandated guidelines given to us. This includes an all new cleaning process that we do in-between classes/daily at the school. We ask that if you are sick or have been around someone who is sick that you stay home and practice via the Zoom classes we are providing as an additional service to our Jung Do Taekwondo family. Parents, we ask that you wait for your children in your vehicle (or close by while practicing proper social distancing) to ensure the prompt pick up of your student.

Before attending in-person classes, each student and/or guardian must sign this form releasing Jung Do Taekwondo from all liability due to COVID-19. We, as a school, are doing all we can to make and keep our facility a safe and clean training area for our students and families.

If sickness is spread, I \_\_\_\_\_, take full responsibility and certify that Jung Do Taekwondo is not held liable for any illness that could be spread in or around our school.

I certify that I will report any resulting illnesses to Jung Do Taekwondo staff, so that we may take proper measures to ensure our facility remains clean and safe for our students, their families and our staff.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

PRINTED NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

(on behalf of) JUNG DO TAEKWONDO STUDENT NAME(S): \_\_\_\_\_

***WE CAN'T WAIT TO HAVE YOU ALL BACK IN CLASS AND ARE EXCITED TO GET BACK TO IN-PERSON TRAINING. SEE YOU ALL BEGINNING MAY 18, 2020 FOR IN-PERSON CLASSES!***